



**MEADOW HEIGHTS**  
**ELEMENTARY SCHOOL**  
SAN MATEO - FOSTER CITY SCHOOL DISTRICT

June 2, 2020

Dear Meadow Heights Families,

Our students, families and staff continue to experience unprecedented times. As we remain in Shelter in Place, counties have added curfews due to current protests. I am deeply saddened as I see the pain, frustration and uncertainty in the world around us. I'm not an expert nor an authority around race, however I read a quote recently that resonated with me. "Not talking to kids about difficult subjects won't keep these subjects from being a part of their lives. Give them knowledge they need to face them instead." Books are a wonderful way to explore and introduce challenging topics with children. The second page of this letter has titles to books and links to resources you can share with your child if you choose to do so. We are in this together. In the words of our Superintendent, Dr. Joan Rosas, "To all our African American students, families and staff: You matter. Black lives matter. This work matters. We stand united in the days ahead."

Respectfully,

Your Principal, Stephanie Fraumeni

Estimadas familias de Meadow Heights,

Nuestros estudiantes, familias y personal continúan viviendo tiempos sin precedentes. Mientras permanecemos en casa, los condados han agregado horarios de queda en casa debido a las protestas actuales. Me entristece profundamente cuando veo el dolor, la frustración y la incertidumbre en el mundo que nos rodea. No soy una experta ni una autoridad en materia sobre razas, sin embargo, recientemente leí algo que me resonó. "No hablar con los niños sobre temas" difíciles "no evitará que estos temas formen parte de sus vidas. Dale el conocimiento que necesitan para enfrentarlos". Los libros son una forma maravillosa de explorar e introducir temas difíciles para los niños. La segunda página de esta carta tiene títulos de libros y enlaces a recursos que puede compartir con su hijo si decide hacerlo. Nosotros estamos unidos juntos. En las palabras de nuestra Superintendente, Dra. Joan Rosas, "A todos nuestros estudiantes, familias y personal afroamericanos: ustedes importan. Las vidas afroamericanas importan. Este trabajo importa. Nos mantenemos unidos en los próximos días".

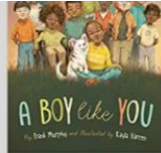
Respetuosamente,

Su Directora, Stephanie Fraumeni

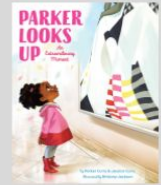


# MEADOW HEIGHTS ELEMENTARY SCHOOL SAN MATEO - FOSTER CITY SCHOOL DISTRICT

## Lower Grade Books



In an age when boys are expected to fit into a particular mold, this book celebrates all the wonderful ways to be a boy. Inclusive illustrations and characters.



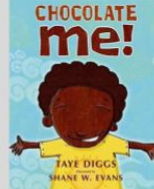
Parker Curry first captured America's attention when she stood mesmerized in front of Amy Serrano's astonishing portrait of former first lady Michelle Obama. Now, Parker and her mom are telling her story with their new book.



Not Quite Snow White highlights the importance of self-confidence while taking an earnest look at what happens when that confidence is shaken or lost. Tameika encourages us all to let our magic shine.



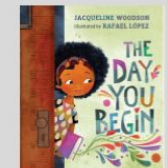
In beautiful, evocative rhyme, this lovely picture book helps children consider the colors of their everyday lives . . . and imagine how others around the world experience the very same things.



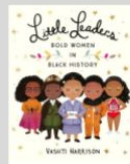
The boy is teased for looking different than the other kids. His skin is darker, his hair curlier. He tells his mother he wishes he could be more like everyone else. And she helps him to see how beautiful he really, truly is.



This book highlights what it means to be a citizen and the positive role they can play in society. Includes beautiful illustrations and intriguing, rhyming text.

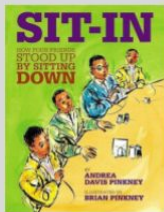


A heartening book about finding courage to connect, even when you're scared and alone. There will be time when you walk into a room and no one there is quite like you.



An important book for all ages, Little Leaders educates and inspires as it relates true stories of forty trailblazing Black women in American history.

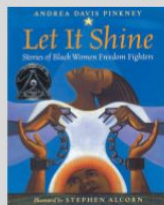
## Upper Grade Books



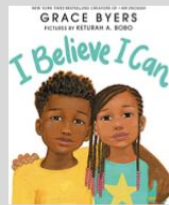
This book is a celebration of the 50th anniversary of the momentous Woolworth's lunch counter sit-in, when four college students staged a peaceful protest that became a defining moment in the struggle for racial equality and the growing civil rights movement.



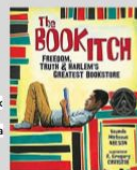
This book touches on themes of community, resilience, and optimism with an authenticity that will resonate with readers young and old.



The lives of ten Black women activists are featured in an incredible story about courage in the face of oppression; about the challenges and triumphs of the battle for civil rights; and about speaking out for what you believe in—even when it feels like no one is listening.



I Believe I Can is an affirmation for boys and girls of every background to love and believe in themselves.



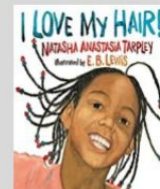
In the 1930s, Lewis's dad, Lewis Michaux Sr., had an itch he needed to scratch—a book itch. How to scratch it? He started a bookstore in Harlem and named it the National Memorial African Bookstore.



Something Happened in Our Town follows two families—one White, one Black—as they discuss a police shooting of a Black man in their community. The story aims to answer children's questions about such traumatic events, and to help children identify and counter racial injustice in their own lives.



Chuck Ealey grew up in a segregated neighborhood of Portsmouth, Ohio. Against all odds, he became an incredible quarterback. But despite his unbeaten record in high school and university, he would never play professional football in the United States.



A girl named Keyana discovers the beauty and magic of her special hair, encouraging black children to be proud of their heritage and enhancing self-confidence.

### Books to Support Positive Race/Ethnic Identity for Children

- [31 Children's Books to Support Conversations on Race, Racism, and Resistance \(from embracerace.org\)](#)
- [27 Books to Help You Talk to Your Child about Racism \(from Today's Parent\)](#)

### Books for Adults

- [How to Talk to Kids About Race: Books and Resources That Can Help](#)

### Quick Book Check

- [10 Quick Ways to Analyze Children's Books for Racism + Sexism](#)