

**Bowditch Middle School
P.E. Department – Mile Run
August 2015-2016**

Throughout the school year, all students are expected to run a timed mile every-other week in their P.E. classes. The only students who are excused from this mandatory activity are those who provide a written note from a doctor because of an injury or illness.

One of our measured mile courses includes the sidewalk that borders our athletic facilities. The other mile courses are on the paved levee across the street from school. Because part or all of our mile courses are “off-campus,” we consider the mile run activity to be a supervised field trip, which requires parent/guardian consent.

Please complete and sign the parent/guardian consent form below, and **tell your child to return it to his/her P.E. teacher during his/her P.E. class on the FIRST DAY OF SCHOOL, NOT MAZE DAY.** Failure to return the form will prevent your child from participating in the mile run activity, **and will have a negative effect on the report card grade.**

**P.E. Department – Mile Run
Parent/Guardian Consent**

I give permission for _____
(Print Student’s Name)

to participate in off-campus mile runs. It is understood that students will be supervised by the teacher for the mile runs and the crossing of Beach Park Blvd.

(Student’s PE Teacher)

(PE Class Period)

(Parent/Guardian Name (Print))

(PE Teacher)

(Parent/Guardian Signature)

(Date)