



FREE Run/Walk Challenge 2021 For Health and Mental Wellness

Any Time

During the month of May!



Any Distance!

Set your own goal!



Any Where

Pick your favorite place!



May is Mental Health Awareness Month!
This event is for you, our friends, our community.

CLICK HERE to REGISTER and GET a FREE T-Shirt to wear during your Run/Walk!

Share your Run/Walk with us with a photo that will be posted on our website!

#SMPALSFARUNWALK