

March 20, 2020

Dear Audubon Families,

The Distant Learning window officially opens today for Audubon students (March 20-April 3). We are thrilled to share that 100% of families picked-up these learning resources! Thank you for supporting the efforts of our staff in extending school to home. We understand this shift brings new challenges for you. Here are some tips to making these new “school days” run more smoothly:

- Create a visual daily agenda to share with your children. Indicate times spent on each subject (reading, writing, math, science, PE, etc.) as well as breaks.
- Use a visual timer to indicate time spent on tasks and on breaks.
- Take brain breaks to get out those wiggles: get up and stretch, get a snack, do a PE/PMT activity, Playworks activities, etc. [GoNoodle](#) is a good resource for brain breaks.
- Create a technology schedule to help share devices, if needed.
- Maintain regular school/home schedules as if children were going to school: keep consistent sleep and wake times, follow [Audubon Bell Schedule](#), etc.
- Work with your children to identify incentives to work towards and set short-term and long-term goals: (i.e. earning time to virtually connect with friends, family game night, arts/crafts, playing ball in the backyard, screen time, etc).
- Remind your children that their teachers are expecting them to complete assignments with a focus on quality work.
- Email your teacher if you have questions about how to complete an assignment.

Playworks at Home series to support kids’ healthy movement and play while school-age students are home!

- *Play at Home Webpage*: A library of videos and other resources featuring games and activities families can play at home. Each meeting the CDC requirements of social distancing and limited equipment. All available free on the [Play at Home webpage](#).
- [Play at Home Playbook](#): This game guide has a variety of games and activities families can do in their own homes, with little to no equipment necessary.

Book Read-Alouds: Ms. Lori, Audubon Librarian, will be offering book read-aloud Zoom meetings starting next week (See schedule below). Zoom read-alouds can be accessed using this Zoom meeting ID is [240-173-4525](#). Download the Zoom app from your app store. For those of you who can’t join the read aloud, She also made Youtube videos that will be shared via Audubon PTA on Facebook.

Ms Lori encourages 3rd- 5th graders to join her Google classroom. She’ll be posting articles, and she’d love to hear about what you’ve been reading.

- 3rd grade Audubon Library Google classroom code **h4ctkjx**
- 4-5th grade Audubon Library Google classroom code **7gmyztu**

Book Read-Aloud Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
10:00 AM	TK/K	2 nd grade	TK/K	2 nd grade	4 th -5 th grade
11:00 AM	1 st grade	3 rd grade	1 st grade	3 rd grade	4 th -5 th grade

Staying connected to friends through technology and social media will be important for our students. Go to the [Audubon Technology Webpage](#) to access many links to websites that provide parents with guidelines to help your child stay safe online, such as [Common Sense Media](#).

Report Cards: Teachers will be emailing report cards to families next Friday, March 27.

Our thoughts are with you during these challenging times. We'll continue to keep you posted on updates or changes that may affect you and your children.

Wishing you and your loved ones good health.

Best regards,

Jaime Soria and Doug Garriss