



January 07, 2021

Dear Audubon Families:

As a follow up to Superintendent Dr. Rosas' message regarding yesterday's events on Capitol Hill, we wanted to share some words of unity, strength, and positivity. Audubon is an inclusive school. We believe in the potential and beauty of all voices to strengthen our collective efforts to provide quality educational experiences for all.

In the San Mateo-Foster City School District, we believe in inclusive practices for all students, staff, family and community members. Inclusion is the mind-set and practice of welcoming, valuing, empowering and supporting the diverse academic, social-emotional, language and communication learning of all students in our community. We believe that all students belong in the school environment to access learning, peers and the community.

Given yesterday's events, some members of our school community (students, families, staff) might still be grappling with emotions as we all try to make sense of it all. Please know that we are here to support you all and feel free to reach out to your child's teacher for support as well as our school office. Our school counselor and support staff will try our best to support any member of our community.

Below are some resources to help cope with yesterday's events in an educational manner.

Common Sense Media - Explaining News to Our Kids ([English](#) | [Spanish](#))

- National Association of School Psychologists - [Talking to Children about Violence: Tips for Parents and Teachers](#) (This resource also provides content translated into 10 languages.)
 - Infographic ([English](#) | [Spanish](#))

Please be well and reach out for moral support. We are here for you.

Working together, we can accomplish great things!

Best regards,
Doug Garriss
Nelson Hunter