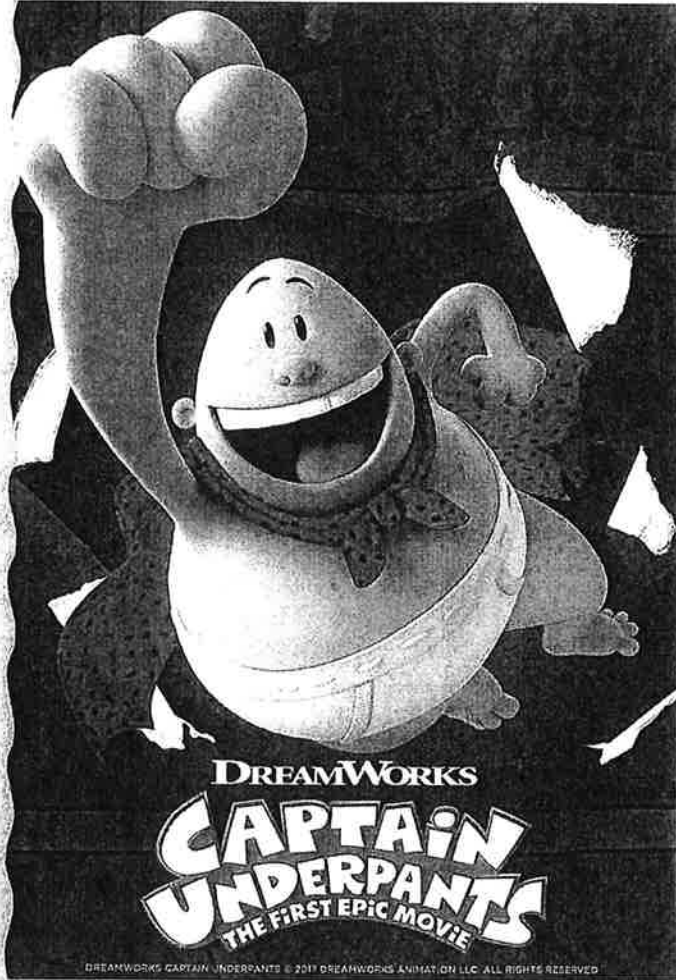


# PARKSIDE PTA MOVIE NIGHT

PRESENTS



**Free Admission!**

*All children must be accompanied by an adult.*

## MENU

Cheeseburgers \$2.50

Hamburgers \$2.00

Hot Dogs \$1.00

Chili Dog \$1.50

Nachos \$1.00

Chili-Nachos \$1.50

Chili Bowl \$1.00

Popcorn \$.50

Drinks \$1.00

## FRIDAY NOVEMBER 3

DOORS OPEN AT 6:00 & MOVIE BEGINS AT 6:45

**Bring Your  
Blanket,  
Pillow  
& Appetite!**



**Volunteers Always Needed**

- Setting up-
- Preparing food-
- Food service-
- \*Clean up\*

**For more information contact:**

Monique Nakagawa  
(415) 577-3085  
mayanak@gmail.com



Join us for

*a delicious way to*

# RAISE MONEY!

Date: Nov 01, 2017

Time: 11:00AM to 9:00PM

At this BJ's location: 2206 Bridgepoint Parkway  
San Mateo, CA 94404  
650-931-2990

Enjoy delicious food in a fun atmosphere along with your family and friends while earning funds in support of:

## Parkside PTA Restaurant Fundraiser

With each flyer presented during this FUNDRAISING EVENT, BJ's will donate 20% OF FOOD AND SOFT BEVERAGE SALES to the designated organization!

Valid for dine in or take out. Not valid towards alcoholic beverages or Happy Hour specials. Please do not distribute flyers on-site during the event. Flyers must be printed and presented to the server.



BJ's Favorite Deep Dish Pizza



Crispy Fried Artichokes



Crispy Jalapeño Burger



N O V 4 4 4



## Pruebas FORCE North Futbol Club

**Las pruebas para la temporada de fútbol de otoño tendrán lugar a principios de noviembre de 2017.**

Estamos buscando chicas nacidas en 2000 - 2011 y niños nacidos en 2003 - 2011 para probar y unirse a nuestros equipos.

Lugares del campo de prueba: Bay Meadows, Hillsdale HS, Los Prados y Woodside HS. Las ubicaciones varían según el día y el grupo de edad.



**Vaya a [FORCENorth.com/tryouts](http://FORCENorth.com/tryouts) para los fechas, horarios y detalles pruebas**  
Se requiere inscripción previa



El programa de futbol Force North en San Mateo se dedica al desarrollo a los jugadores en las habilidades técnicas, espíritu deportivo, la autoconfianza y la capacidad para trabajar en equipo. Un objetivo principal es preparar a los participantes para el futuro - tanto dentro como fuera del campo, no sólo en el fútbol sino también en otras disciplinas. Venga y aprenda de los mejores!

- Entrenamiento profesional centrado en el desarrollo individual, aplica a todos los deportes.
- El único club Península compitiendo en el más alto nivel de competición en todas las edades (NPL, Premier, Gold), y un camino claro para USDA.
- Gran equilibrio entre la competencia, la diversión y la comunidad!
- La ayuda financiera disponible para los jugadores, calificados basados en la necesidad
- Visite nuestro sitio web [forcenorth.com](http://forcenorth.com) para más información y para inscribirse para las pruebas. Si no puede ir, mande un email a [tryouts@forcenorth.com](mailto:tryouts@forcenorth.com)
- Entrenamiento en la Pre-Academia también está disponible para los jugadores de las edades de 4-8. Visite el sitio web para más detalles.

Este evento / programa no es patrocinado por el Distrito Escolar de San Mateo y Foster City

**FORCENorth.com**

FORCE North es un organizacion 501(c)(3)



## FORCE North Soccer Club Tryouts

**Tryouts for the Fall Soccer Season will be held during early November 2017.**

We are looking for girls born in 2000 – 2011 and boys born in 2003 – 2011 to tryout and join our teams.

Tryout Field Locations: Bay Meadows, Hillsdale HS, Los Prados and Woodside HS. Locations vary by day and age group.



**Go to [FORCENorth.com/tryouts](http://FORCENorth.com/tryouts) for dates, times and tryout details.**  
Pre-registration is required



The San Mateo based Force North soccer program is dedicated to the development of a player's skills, sportsmanship, self-confidence, and ability to work in a team environment. A core goal is to prepare all participants for the future - both on and off the field, not only in soccer but also in other disciplines. Come out and learn from best!!

- Professional training focused on individual development, applies to all sports.
- The only Peninsula club competing at the highest level of competition at every age (NPL, Premier, Gold), and a clear path to US Development Academy.
- Great balance between competition, fun and community!
- Financial aid available for need-based, qualified players.
- Registration required for Tryouts. Visit [forcenorth.com](http://forcenorth.com) for details and to sign up.
- If you're unable to make tryouts, please email [tryouts@forcenorth.com](mailto:tryouts@forcenorth.com)
- Pre-Academy training also available for players ages 4-8.

*This event/program is not sponsored by the San Mateo-Foster City School District*

**FORCENorth.com**


*FORCE North is a 501(c)(3) organization*

# Menus for November 2017


San Mateo-Foster City School District Child Nutrition Services

This institution is an equal opportunity provider.  
Menus are subject to change.

**AVAILABLE DAILY**  
**Lunch Hot Entrée's or Yogurt Basket (Yogurt, String Cheese and Crackers) or WOWBUTTER Sandwich, or Hummus Basket (Hummus, Cheese, Crackers) Fruit and Vegetable**  
**Choice of Fat Free Chocolate or 1% White Milk**  
 Menu subject to change



**PLAY TOGETHER.**  
 Think it's tough to get that 30 minutes of exercise most days that experts recommend for good health? It's a lot easier to do with a partner, and it's easier still with an entire family - YOURS!  
 And Thanksgiving weekend is the perfect time to start!  
**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.**  
**WELLNESS IS A WAY OF LIFE!**



**Wednesday, November 1**  
**Breakfast**  
 Cinnamon Glazed Pancake or Cereal  
 Yogurt  
 Fruit  
 100% Fruit Juice  
 Choice of Milk  
**Lunch**  
 Cheese Enchilada or Grilled Cheese Sandwich

**Thursday, November 2**  
**Breakfast**  
 Fresh Baked Muffin or Cereal  
 Yogurt  
 Fruit  
 100% Fruit Juice  
 Choice of Milk  
**Lunch**  
 Spaghetti & Beef Meatballs or Grilled Cheese Sandwich


**Friday, November 3**  
**Breakfast**  
 Mini Waffle or Cereal  
 Yogurt  
 Fruit  
 100% Fruit Juice  
 Choice of Milk  
**Lunch**  
 Cheese Pizza or Grilled Cheese Sandwich

**Monday, November 6**  
**Breakfast**  
 Cinnamon Roll or Cereal  
 Yogurt  
 Fruit  
 100% Fruit Juice  
 Choice of Milk  
**Lunch**  
 Chicken Nuggets or Chicken Corn Dog

**Tuesday, November 7**  
**Breakfast**  
 Mini Pancakes or Cereal  
 Yogurt  
 Fruit  
 100% Fruit Juice  
 Choice of Milk  
**Lunch**  
 Macaroni & Cheese or Chicken Corn Dog

**Wednesday, November 8**  
**Breakfast**  
 Breakfast Bun or Cereal  
 Yogurt  
 Fruit  
 100% Fruit Juice  
 Choice of Milk  
**Lunch**  
 Breaded Popcorn Chicken w/Orange Sauce over Rice or Chicken Corn Dog

**Thursday, November 9**  
**Breakfast**  
 Fresh Baked Muffin or Cereal  
 Yogurt  
 Fruit  
 100% Fruit Juice  
 Choice of Milk  
**Lunch**  
 Cheese Pizza or Chicken Corn Dog

**Friday, November 10**  
  
**Veteran's Day**  
**No School Today**



**LIVE · LEAD · LEARN**  
**Elementary School**

Shoot For The Stars  
 with School Lunch!

5 Star Meals Offered Daily

- ★ Protein
- ★ Grain
- ★ Fruit
- ★ Vegetable
- ★ Milk



**MAGIC STARS**  
 ½ Cup of Fruit  
 ½ Cup of Vegetable

A complete meal must have 3 or more stars  
 1 STAR must be a Magic Star



Monday, November 13

**Breakfast**

Banana Bread  
or Cereal  
Yogurt  
Fruit  
100% Fruit Juice  
Choice of Milk

**Lunch**

Cheese Filled Bread Snick  
or  
BBQ Beef Mini Rib Sandwich

Tuesday, November 14

**Breakfast**

Ultra Cinnamon Toast  
or Cereal  
Yogurt  
Fruit  
100% Fruit Juice  
Choice of Milk

**Lunch**

BBQ Chicken Drumstick with  
Texas Toast  
or  
BBQ Beef Mini Rib Sandwich

Wednesday, November 15

**Breakfast**

Cinnamon Glazed Pancake or  
Cereal  
Yogurt  
Fruit  
100% Fruit Juice  
Choice of Milk

**Lunch**

Breaded Chicken Patty on a  
Whole Grain Bun  
or  
BBQ Beef Mini Rib Sandwich

Thursday, November 16

**Breakfast**

Fresh Baked Muffin  
or Cereal  
Yogurt  
Fruit  
100% Fruit Juice  
Choice of Milk

**Lunch**

Turkey & Gravy over Mashed  
Potatoes  
or  
BBQ Beef Mini Rib Sandwich

Friday, November 17

**Breakfast**

Mini Waffle or Cereal  
Yogurt  
Fruit  
100% Fruit Juice  
Choice of Milk

**Lunch**

Cheese Pizza  
or  
BBQ Beef Mini Rib Sandwich

Monday, November 20

**Breakfast**

Cinnamon Roll or Cereal  
Yogurt  
Fruit  
100% Fruit Juice  
Choice of Milk

**Lunch**

Chicken Nuggets  
or  
Beef Cheeseburger

Tuesday, November 21

**Breakfast**

Mini Pancakes  
or Cereal  
Yogurt  
Fruit  
100% Fruit Juice  
Choice of Milk

**Lunch**

Cheese Pizza  
or  
Beef Cheeseburger

Wednesday, November 29

**Breakfast**

Cinnamon Glazed Pancake or  
Cereal  
Yogurt  
Fruit  
100% Fruit Juice  
Choice of Milk

**Lunch**

Turkey Pepperoni Stuffed  
Sandwich  
or  
BBQ Beef Mini Rib Sandwich

Thursday, November 30

**Breakfast**

Fresh Baked Muffin  
or Cereal  
Yogurt  
Fruit  
100% Fruit Juice  
Choice of Milk

**Lunch**

Spaghetti & Beef Meatballs  
or  
BBQ Beef Mini Rib Sandwich

Friday, November 17

Monday, November 27

**Breakfast**

Cereal  
Yogurt  
Fruit  
100% Fruit Juice  
Choice of Milk

**Lunch**

French Toast Sticks  
Beef Sausage Patty  
or  
BBQ Beef Mini Rib Sandwich

Tuesday, November 28

**Breakfast**

Ultra Cinnamon Toast  
or Cereal  
Yogurt  
Fruit  
100% Fruit Juice  
Choice of Milk

**Lunch**

Breaded Chicken Patty on a  
Whole Grain Bun  
or  
BBQ Beef Mini Rib Sandwich

Wednesday, November 29

**Breakfast**

Cinnamon Glazed Pancake or  
Cereal  
Yogurt  
Fruit  
100% Fruit Juice  
Choice of Milk

**Lunch**

Turkey Pepperoni Stuffed  
Sandwich  
or  
BBQ Beef Mini Rib Sandwich

Thursday, November 30

**Breakfast**

Fresh Baked Muffin  
or Cereal  
Yogurt  
Fruit  
100% Fruit Juice  
Choice of Milk

**Lunch**

Spaghetti & Beef Meatballs  
or  
BBQ Beef Mini Rib Sandwich

Friday, November 17

**Breakfast**

Mini Waffle or Cereal  
Yogurt  
Fruit  
100% Fruit Juice  
Choice of Milk

**Lunch**

Cheese Pizza  
or  
BBQ Beef Mini Rib Sandwich

# HELP!

We need folks like you to work in Child Nutrition Services. Good hours, great folks, and the chance to prepare and serve meals that help kids stay ready to learn.

**Call Barbara for more information 650-312-7392**

Monday, November 20

**Breakfast**

Cinnamon Roll or Cereal  
Yogurt  
Fruit  
100% Fruit Juice  
Choice of Milk

**Lunch**

Chicken Nuggets  
or  
Beef Cheeseburger

Tuesday, November 21

**Breakfast**

Mini Pancakes  
or Cereal  
Yogurt  
Fruit  
100% Fruit Juice  
Choice of Milk

**Lunch**

Cheese Pizza  
or  
Beef Cheeseburger

Wednesday, November 29

**Breakfast**

Cinnamon Glazed Pancake or  
Cereal  
Yogurt  
Fruit  
100% Fruit Juice  
Choice of Milk

**Lunch**

Turkey Pepperoni Stuffed  
Sandwich  
or  
BBQ Beef Mini Rib Sandwich

Thursday, November 30

**Breakfast**

Fresh Baked Muffin  
or Cereal  
Yogurt  
Fruit  
100% Fruit Juice  
Choice of Milk

**Lunch**

Spaghetti & Beef Meatballs  
or  
BBQ Beef Mini Rib Sandwich

Friday, November 17

**Breakfast**

Mini Waffle or Cereal  
Yogurt  
Fruit  
100% Fruit Juice  
Choice of Milk

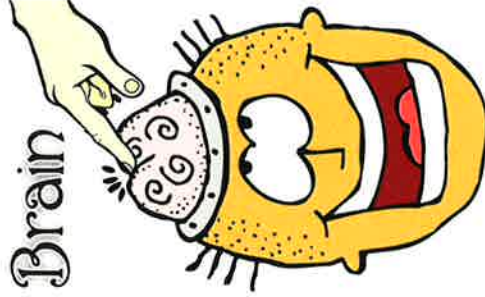
**Lunch**

Cheese Pizza  
or  
BBQ Beef Mini Rib Sandwich

## Brain Ticklers

What do you call an unhappy cranberry?

(Hold the page upside down and read it in a mirror for the answer!)



4j pntspu.rqj

Prepay Online!



Breakfast

\$1.50

Lunch

\$2.50

mySchoolBucks.com



## NOVEMBER BIRTHDAYS

### Highlighting the Arts!

- Stephen Crane -- Nov. 1
- John Phillip Sousa -- Nov. 6
- The Louvre Museum (223) -- Nov. 8
- Georgia O'Keeffe -- Nov. 15
- Scott Joplin -- Nov. 24
- Mark Twain -- Nov. 30

# ¡YA LLEGA EL DÍA DE LAS NUEVAS TOMAS FOTOGRAFICAS!

Obtén una segunda oportunidad para una  
imagen de una foto perfecta.

Parkside Montessori School  
Wednesday, November 01, 2017  
\ miércoles, 1 de noviembre, 2017

**¿Estuviste ausente el Día de la Foto?**  
Aún puedes encargar en

**MYLIFETOUCH.COM**

**ID del Día de la Foto: BY417332Q1**



# YOUR PICTURE RETAKE DAY IS COMING!

Get a second chance at a  
picture-perfect image

Parkside Montessori School  
Wednesday, November 01, 2017

**Absent on Picture Day?**  
You can still order at

**MYLIFETOUCH.COM**

**Picture Day ID: BY417332Q1**

