

Week of 1/11/18

PARKSIDE PTA MOVIE NIGHT



PRESENTS



Free Admission!

All children must be accompanied by an adult.

MENU

- Cheeseburgers \$2.50
- Hamburgers \$2.00
- Pulled Pork \$2.00
- Hot Dogs \$1.00
- Nachos \$1.00
- Chili-Nachos \$1.50
- Chili Bowl \$1.00
- Popcorn \$.50
- Drinks \$1.00

FRIDAY JANUARY 19

DOORS OPEN AT 6:00 & MOVIE BEGINS AT 6:45

**Bring Your
Blanket,
Pillow
& Appetite!**



Volunteers Always Needed

- Setting up-
- Preparing food-
- Food service-
- *Clean up*

For more information contact:

Monique Nakagawa
(415) 577-3085
mayanak@gmail.com

Highlands Rec Hoopsters w/ FUNdamental HOOPS

Instructional Basketball for Boys & Girls, Grades K-5th

Hoopsters with FUNdamental HOOPS is an instructional basketball class for boys and girls that emphasizes proper basketball technique through FUN drills and games to establish good basketball playing habits. Your children will learn the FUNdamentals of basketball in a supportive, relaxed environment and work on shooting, dribbling & footwork basics with Coach Tony and Coach Mike.

Dates: 1/20-3/17

No Hoopsters: 2/17/18

Fees: \$110/115 per player, \$5/sibling discount

Location: HRC Gym

K-1st Grades:

11:15-11:45

-Approximately 30 minutes of skills & drills: dribbling, passing, shooting & defense

*Note: K-1st 11:45am time slot will open once 11:15am time slot is full.

2nd-3rd Grades:

10:15-11:15am

-Approximately 1 hour of skills & drills: dribbling, passing, shooting & defense

4th-5th Grades:

9:15-10:15am

-Approximately 45 minutes of skills & drills: dribbling, passing, shooting & defense

-15 min games: children will play instructional games

-All children will receive equal playing time, no score kept

Junior Jazzercise

Hey kids! Dance with your friends to the hottest music. Junior Jazzercise is a perfect program to get kids active and learn the importance of exercise and health. The program combines fun, easy-to-follow dance moves to popular music, fitness games, and an end of session performance. No dance experience is required. The non-competitive atmosphere is the perfect setting to introduce your child to fitness.

Ages: 5-12 years old

Location: Highlands Recreation Center MPR

Instructor: Sandy Basurto

Th 1/25-3/15 3:30-4:30pm \$100/105

U.S. Chessmates

Chess teaches critical and abstract thinking, planning, logic and patience. U.S. Chessmates makes learning chess very easy and is suited for all levels from beginner to advanced. Each class will include 30 minutes of instruction and 30 minutes of tournament games. We will create a learning experience that will encourage our students to learn and analyze the game of chess. Learning Outcomes: Chess has been known to improve math skills and encourage self discipline.

Ages: 5 to 14 years old

Location: Highlands Recreation Center MPR

Instructor: U.S. Chessmates Staff

Th 1/25-3/29 4:30-5:30pm \$150/155

This program is not sponsored by the San Mateo-Foster City School District.



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(650) 341-4251 • highlandsrec.ca.gov

Mad Science

"Fizz"-ical Phenomena & Che-Mystery Spring Break Camp

Have a ton of fun as we whip up potions and experiment with all kinds of chemical reactions, including growing our own crystals, making sidewalk chalk, and learning the science of chromatography on a Mad Science Lab Coat we get to keep!! Mix it up as we experiment with molecular madness, radical reactions, and "fizz"ical and chemical reactions. Discover what those crazy chemists are really up to in their laboratories!

Ages: 6-11 years old

Location: Highlands Recreation Center MPR

Instructor: Mad Science Staff

Full Day

M-F 4/9-4/13 9:00am-3:00pm \$300/305

Half Day

M-F 4/9-4/13 9:00am-12:00pm \$230/235

Young Rembrandts Children's Drawing

Young Rembrandts artists will draw ALL NEW lessons this winter. Colorful pop art dog, incredible relevant art history and a powerful unicorn are just a few of the drawings they'll learn and LOVE. Your child will also learn personification as they transform ordinary cameras into fully realized cartoon characters. Learning to tell a story through a series of drawings will be the focus in our illustrations featuring a humorous drive-thru sequence and a colorful piñata sequence. Your child will learn animation techniques in our anime-themed expression lesson. Encourage your child's creativity. Enroll today!

Ages: 5 to 12 years old

Location: Highlands Recreation Center MPR

Instructor: Young Rembrandts Staff

F 1/26-3/30 3:40-4:40pm \$200/205

Mad Science

Earth, Wind, Inspire

Neither rain, nor sleet, nor snow will stop us from having a great time in this session of Mad Science! We'll explore how weather works and investigate how our planet was formed! We'll discover how science is used to solve crimes, and even take home our own I.D. kit! We'll learn all about pulleys, levers and catapults and you'll make your own Rocket Racer! We'll discover how movie special effects are created! You'll learn about the chemical reactions - that take place in the kitchen! Explore the science behind your favorite toys - maybe even ones that you've never seen! You won't want to miss a minute of this exciting series! No Class: 2/19, 3/12.

Ages: 5 to 12 years old

Location: Highlands Recreation Center MPR

Instructor: Mad Science Staff

M 1/22-3/26 3:30-4:30pm \$160/165

Beginner Acoustic Guitar & Ukulele Lessons

We introduce the student to the musical alphabet (chromatic scale) and how the letters (notes) are put together to form chords. Then we practice stringing (pun intended) chords together to form songs. Finally, we play the individual notes of the chords to create transitions, or 'solos'. Each lesson practices strumming patterns, fingerpicking, melody, and harmony. We sing, too! Instruments are not provided.

Ages: 4 years old and over

Location: Highlands Recreation Center MPR

Instructor: Brett Burdette

Ukulele Lessons

W 1/24-2/21 2:30-3:00pm \$175/180

W 2/28-3/28 2:30-3:00pm \$175/180

Ukulele Lessons

W 1/24-2/21 3:00-3:30pm \$175/180

W 2/28-3/28 3:00-3:30pm \$175/180

Guitar Lessons

W 1/24-2/21 3:30-4:00pm \$175/180

W 2/28-3/28 3:30-4:00pm \$175/180



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