



# Lifelong Guidelines

**Trustworthiness:** To be dependable in doing the right thing

**Truthfulness:** To be honest

**Active Listening:** To listen with eyes, ears, and heart to understand

**No Put-Downs:** To never use words, actions and/or body language that make fun or hurt feelings

**Personal Best:** To do one's best given the time given

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- **CARING:** To show/feel concern
- **COMMON SENSE:** To think it through
- **COOPERATION:** To work together toward a common goal (purpose)
- **COURAGE:** To act according to one's beliefs
- **CREATIVITY:** To think "out of the box"
- **CURIOSITY:** To investigate and seek understanding
- **EFFORT:** To do your best
- **FLEXIBILITY:** The ability to alter plans when necessary
- **FRIENDSHIP:** To make and keep a friend through mutual trust and caring
- **INITIATIVE:** To do something because it needs to be done
- **INTEGRITY:** To act according to what's right and wrc
- **ORGANIZATION:** To work in an orderly way
- **PATIENCE:** To wait calmly
- **PERSEVERANCE:** To keep at it
- **PRIDE:** Satisfaction from doing your personal best
- **PROBLEM SOLVING:** To seek solutions
- **RESOURCEFULNESS:** To respond to challenges in creative ways
- **RESPONSIBILITY:** To do what's right
- **SENSE OF HUMOR:** To laugh and be playful without hurting others

