



ICE CREAM *Social!*

**Friday, Sept 8th, 2017, 5:30-7:30pm
Outside the LGI**

**Come for fun, games and prizes!
\$1 bowl of ice cream & toppings
(Free bowl for PTA members)
\$5 Carnival Game Card**

Fundraiser for
5th Grade Pool
Party!

George Hall Elementary PTA

MENUS FOR **SEPTEMBER**
 San Mateo-Foster City School District Child Nutrition Services

This institution is an equal opportunity provider. Menus are subject to change.

AVAILABLE
 Lunch Hot Entree's or Yogurt Basket
 (Yogurt, String Cheese and Crackers)
 or **WOWBUTTER Sandwich, or Hummus Basket (Hummus, Cheese, Crackers)**
Fruit and Vegetable
Choice of Fat Free Chocolate or 1% White Milk
 Menu subject to change

Friday, September 1

NO School Today



NO SCHOOL MONDAY, SEPTEMBER 4

Monday, September 11
Breakfast
 Cinnamon Roll or Cereal
 Yogurt
 Fruit
 100% Fruit Juice
 Choice of Milk
Lunch
 Chicken *Nuggets*
 or
 Beef *Cheeseburger*

Tuesday, September 5
Breakfast
 Cereal
 Yogurt
 Fruit
 100% Fruit Juice
 Choice of Milk
Lunch
 Cheese Filled *Bread Sticks*
 or
 BBQ Beef Mini *Rib Sandwich*

Tuesday, September 12
Breakfast
 Mini Pancakes
 or Cereal
 Yogurt
 Fruit
 100% Fruit Juice
 Choice of Milk
Lunch
 Macaroni & Cheese
 or
 Beef *Cheeseburger*

Wed., September 6
Breakfast
 Cinnamon Glazed Pancake or
 Cereal
 Yogurt
 Fruit
 100% Fruit Juice
 Choice of Milk
Lunch
 Breaded Chicken Party on a
 Whole Grain Bun
 or
 BBQ Beef Mini *Rib Sandwich*

Wed., September 13
Breakfast
 Breakfast Bun
 or Cereal
 Yogurt
 Fruit
 100% Fruit Juice
 Choice of Milk
Lunch
 Bean and Cheese *Burrito*
 or
 Beef *Cheeseburger*

Thursday, September 7
Breakfast
 Fresh Baked Muffin
 or Cereal
 Yogurt
 Fruit
 100% Fruit Juice
 Choice of Milk
Lunch
 Spaghetti & Beef Meatballs
 or
 BBQ Beef Mini *Rib Sandwich*

Thursday, September 14
Breakfast
 Fresh Baked Muffin
 or Cereal
 Yogurt
 Fruit
 100% Fruit Juice
 Choice of Milk
Lunch
 Breaded Chicken Drumstick
 on Loaded Mashed Potatoes
 or
 Beef *Cheeseburger*

Friday, September 8
Breakfast
 Mini Waffle or Cereal
 Yogurt
 Fruit
 100% Fruit Juice
 Choice of Milk
Lunch
 Cheese *Pizza*
 or
 BBQ Beef Mini *Rib Sandwich*

Friday, September 15
Breakfast
 Mini French Toast
 or Cereal
 Yogurt
 Fruit
 100% Fruit Juice
 Choice of Milk
Lunch
 Cheese *Pizza*
 or
 Beef *Cheeseburger*



Elementary School

Shoot For The Stars
 with School Lunch!

5 Star Meals Offered Daily

- ★ Protein
- ★ Grain
- ★ Fruit
- ★ Vegetable
- ☆ Milk

MAGIC STARS

- ★ ½ Cup of Fruit
- ★ ½ Cup of Vegetable

A complete meal must have 3 or more stars

1 STAR must be a Magic Star



Monday, September 18

Breakfast
Banana Bread
or Cereal
Yogurt
Fruit
100% Fruit Juice
Choice of Milk

Lunch
French Toast Sticks
Beef Sausage Patty
or
Grilled Cheese Sandwich

Tuesday, September 19

Breakfast
Ultra Cinnamon Toast
or Cereal
Yogurt
Fruit
100% Fruit Juice
Choice of Milk

Lunch
Breaded Chicken Patty on a
Whole Grain Bun
or
Grilled Cheese Sandwich

Wed., September 20

Breakfast
Cinnamon Glazed Pancake or
Cereal
Yogurt
Fruit
100% Fruit Juice
Choice of Milk

Lunch
Cheese Enchilada
or
Grilled Cheese Sandwich

Thursday, September 21

Breakfast
Fresh Baked Muffin
or Cereal
Yogurt
Fruit
100% Fruit Juice
Choice of Milk

Lunch
Spaghetti & Beef Meatballs
or
Grilled Cheese Sandwich

Friday, September 22

Breakfast
Mini Waffle or Cereal
Yogurt
Fruit
100% Fruit Juice
Choice of Milk

Lunch
Cheese Pizza
or
Grilled Cheese Sandwich

Monday, September 25

Breakfast
Cinnamon Roll or Cereal
Yogurt
Fruit
100% Fruit Juice
Choice of Milk

Lunch
Chicken Nuggets
or
Chicken Corn Dog

Tuesday, September 26

Breakfast
Mini Pancakes
or Cereal
Yogurt
Fruit
100% Fruit Juice
Choice of Milk

Lunch
Macaroni & Cheese
or
Chicken Corn Dog

Wed., September 27

Breakfast
Breakfast Bun
or Cereal
Yogurt
Fruit
100% Fruit Juice
Choice of Milk

Lunch
Turkey Pepperoni Stuffed
Sandwich
or
Chicken Corn Dog

Thursday, September 28

Breakfast
Fresh Baked Muffin
or Cereal
Yogurt
Fruit
100% Fruit Juice
Choice of Milk

Lunch
Turkey Nachos
or
Chicken Corn Dog

Friday, September 29

Breakfast
Mini French Toast
or Cereal
Yogurt
Fruit
100% Fruit Juice
Choice of Milk

Lunch
Cheese Pizza
or
Chicken Corn Dog

Brain Ticklers

What common English word is most often spelled incorrectly?

(Hold the page upside down and rzed it in a mirror for the answer!)

juco:ll:sglft:

SEPTEMBER BIRTHDAYS

Zendaya (2) -- Sept 1
Beyonce (36) -- Sept 4
Bernie Sanders (76) -- Sept 8
Niall Horan (24) -- Sept 13
Childish Gambino (34) -- Sept 25
Halsey (25) -- Sept 29

Looking for a job that lets you be at home when your family needs you there?

Come join our team!



Call Barbara today for more information. 650-312-7392

AT YOU KNOW

Application Deadline
Just a reminder that eligibility for free and reduced price meals will expire on September 26th, if we do not receive a new application by that date.

We are pleased to provide **FREE AND REDUCED-PRICE MEALS** for all students who qualify. It's simple to apply and we accept applications all year.

Learn more at www.smfsd.net or call 650-312-1968

Prepay On-line!



Breakfast \$1.50
Lunch \$2.50

mySchoolBucks.com

The Children's Annex

Fall



October 9-20, 2017

Fall into Fun with your friends at The Children's Annex Camp! There is something fun for everyone! Students will participate in a variety of themed activities each week including indoor and outdoor games, arts, crafts, and a fun field trip each week.

The Children's Annex offers morning and afternoon snacks. Students must bring lunch daily.

Camp Hours: 7am-6pm

Register Today!

Week 1: October 9-13, 2017 \$ 300
Theme: History Week
Field Trip: San Mateo Historical Museum, RWC

Spaces are limited!

Week 2: October 16-20, 2017 \$ 300
Theme: Harvest Week
Field Trip: Arata's Pumpkin Farm, HMB

Location A

Brewer Island Annex
1151 Polynesia Dr.
Foster City, CA
Fee: \$300

Location B

Highlands Annex
2320 Newport St.
San Mateo, CA
Fee: \$300

Location C

Laurel Annex
316 36th Ave.
San Mateo, CA
Fee: \$300

Sibling Discount: First child full price, \$30 off each additional child when enrolled in the same week.
Employee Discount: \$30 off per child.

To register, please visit our website:

<http://www.smfcsd.net/en/annex-afterschool-and-camps/program-overview.html>

Spaces are limited. Enrollment is on a first come, first served basis. Register today!

Cancellation Policy: There will be a \$25 charge for drops and we must have a 2 week email notification prior to the camp start date. No shows and drops without a 2 week written notification will be charged the full week of camp.

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