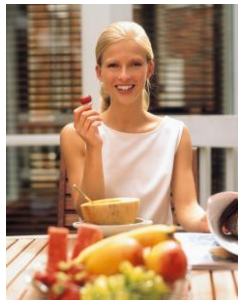


# Nutrition/Nutrición

## Workshop/Taller

Raising Healthy, Balanced Eaters

*Criando Comensales Saludables y Balanceados*



BY/POR : Julie Engberg- Peninsula Healthcare District

When/ Cuándo: Wednesday, March 7, 2018

Miércoles 7, de Marzo, 2018

Where/ Dónde: Fiesta Gardens MPR

Workshop/Taller: 6:30-7:30PM

*PARENTS COME TO GET IMPORTANT UPDATED INFORMATION  
PADRES VENGAN A RECIBIR IMPORTANTE INFORMACION ACTUALIZADA*

*Parent Involvement Project - Fiesta Gardens*

*Babysitting Available- Habrá cuidado de Niños*

# COME! / VENGA!

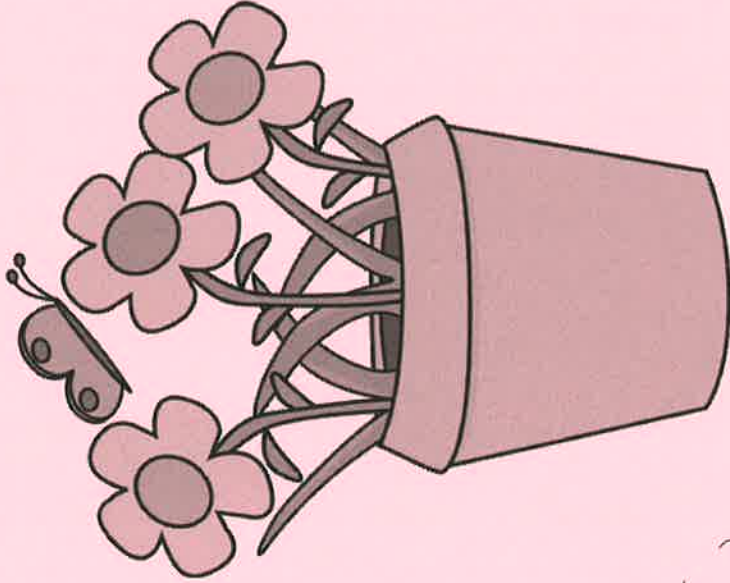
# Highlands Recreation Center SPRING CAMP 2018

Spring Break is here! What will your kids do for the next two weeks?  
Send them to Highlands Rec. for two weeks of FUN! Our camp will  
be filled with engaging activities like sports, cooking, art,  
swimming, and more!

K-8TH GRADE  
7:30AM-6PM

CPR/FIRST AID CERTIFIED STAFF  
RECREATIONAL SWIMMING  
2 DAILY SNACKS

Resident./Non-Resident Fees:	
Daily Fee	\$ 80/85
Field Trip Day Rate	\$ 90/95
Weekly Fee	\$ 340/360



## THEME DAYS

Monday 4/2: April Showers, Blooming Flowers  
Tuesday 4/3: Colors Of The Wind  
Wednesday 4/4: Radiant Rainbows  
Thurs 4/5: Field Trip-Rockin' Jump  
Friday 4/6: Busy Bunnies

Monday 4/9: Barnyard Bonanza  
Tuesday 4/10 Where The Wild Things Are  
Wednesday 4/11: Adventureland  
Thurs 4/12: Field Trip-Redwood City Movies  
Friday 4/13: Springtime Safari



1851 Lexington Ave. San Mateo, CA. 94402  
(650) 341-4251 [www.highlandsrec.ca.gov](http://www.highlandsrec.ca.gov)

*distributed  
2/21/18*

This program is not sponsored by  
the San Mateo-Foster City School  
District

# Legado de Literatura

La Biblioteca Marina tendrá y La Liga de Asistencia del Condado de San Mateo tendrán evento especial.

Acompañenos para tiempo de cuentos. Cada niño/niña recibirán un libro, lápiz y marcador de libro~ regalo de La Liga de Asistencia.

Hora de cuentos será

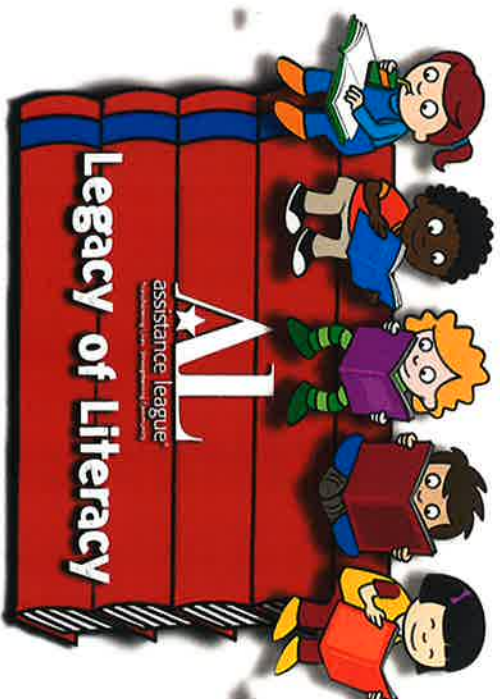
24 de febrero de 2018

Biblioteca de Marina 1530 Susan Court San Mateo

Primer cuento 10:15-10:45am

Segundo cuento 11:15-11:45am

Tercer cuento 12:15-12:45pm



The Marina Library will be hosting a special event with the Assistance League of San Mateo County. Come join us for story time. Each child will be given a new book, a pencil and a bookmark~ compliments of the **Assistance League**.

## **Story Time will be held**

**February 24, 2018**

**Marina Library 1530 Susan Court, San Mateo**

**Story Book 1 10:15-10:45**

**Story Book 2 11:15-11:45**

**Story Book 3 12:15-12:45**