



TALK

FEARS



Family Conversation Starters

What are you afraid of losing?

What are you afraid of failing at?

What classmate are you afraid of?

What teacher are you afraid of?

Who are you most afraid of?

What are you most afraid of?

What are you afraid of seeing?

Who do you know that is fearless?

How is it good or bad to be fearless?

At what time of day do you feel the most fear?

How can you help someone who looks afraid?

What makes you feel better when you are afraid?